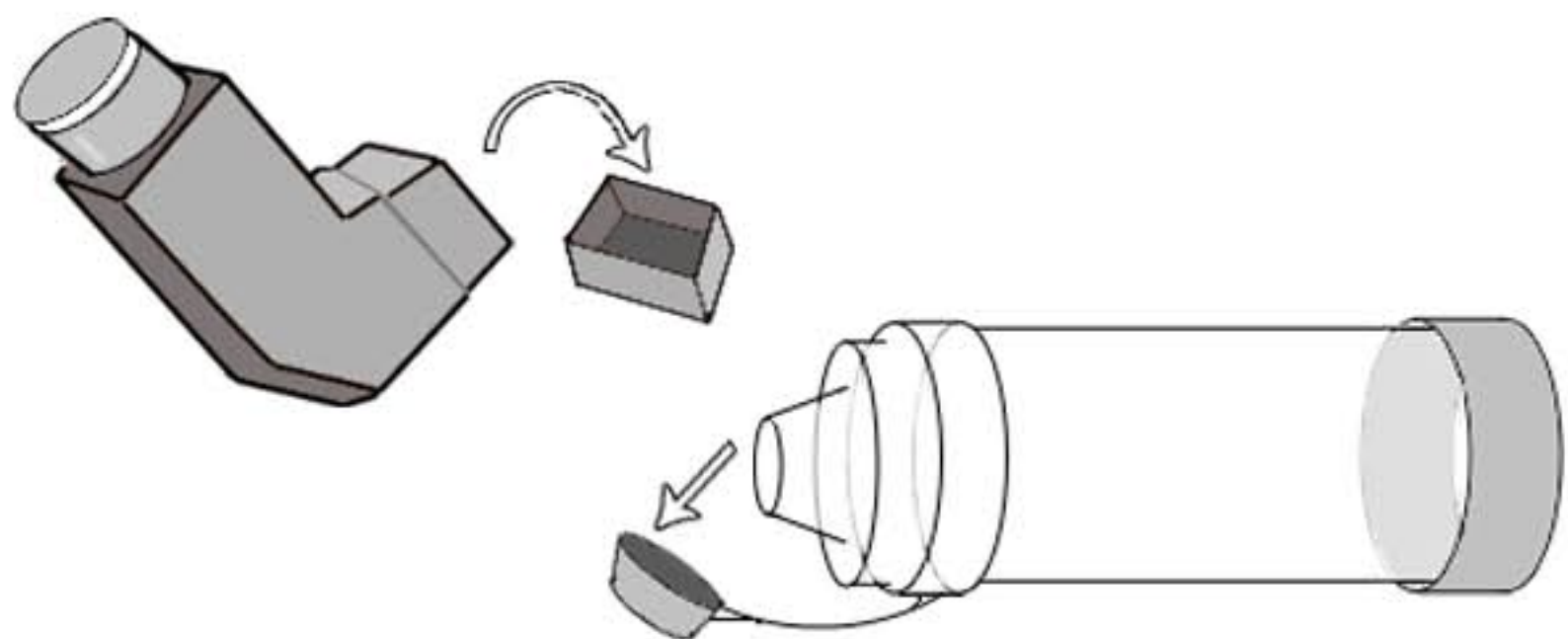


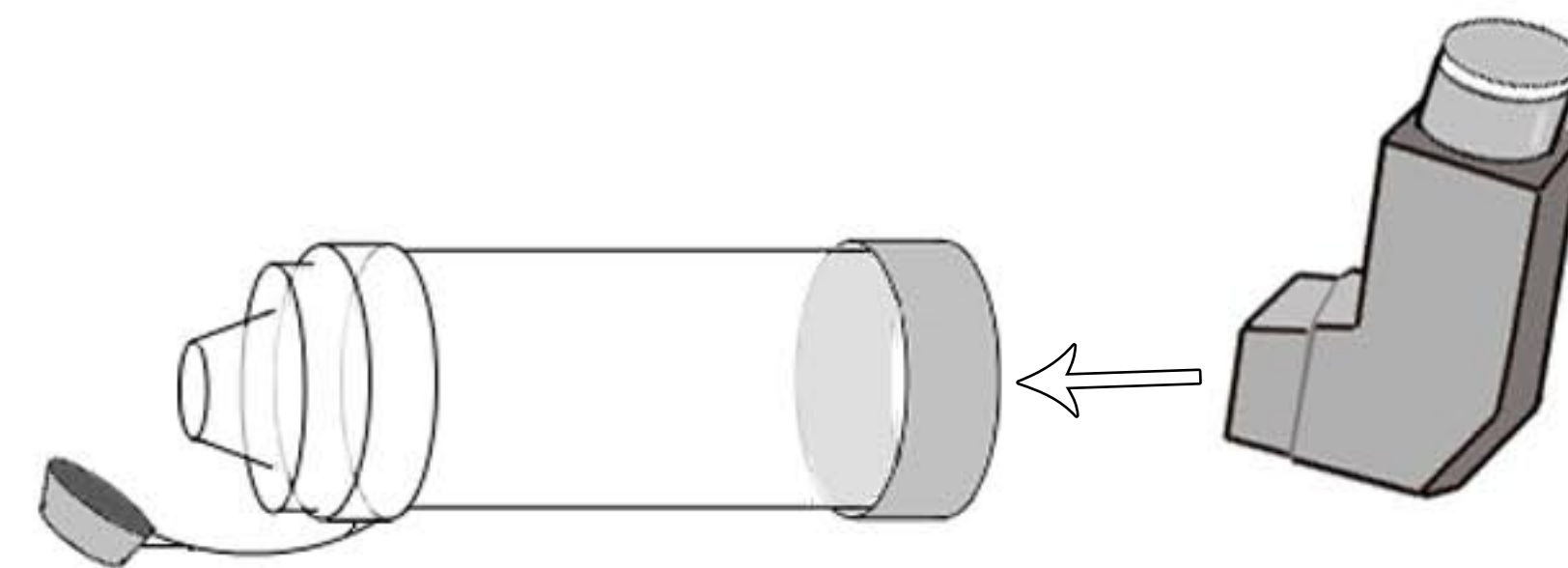
HOW TO USE A SPACER



Step 1. Remove the caps from the inhaler and the spacer.



Step 2. Shake the inhaler well for 5 seconds.



Step 3. Insert the inhaler into the open end of the spacer.



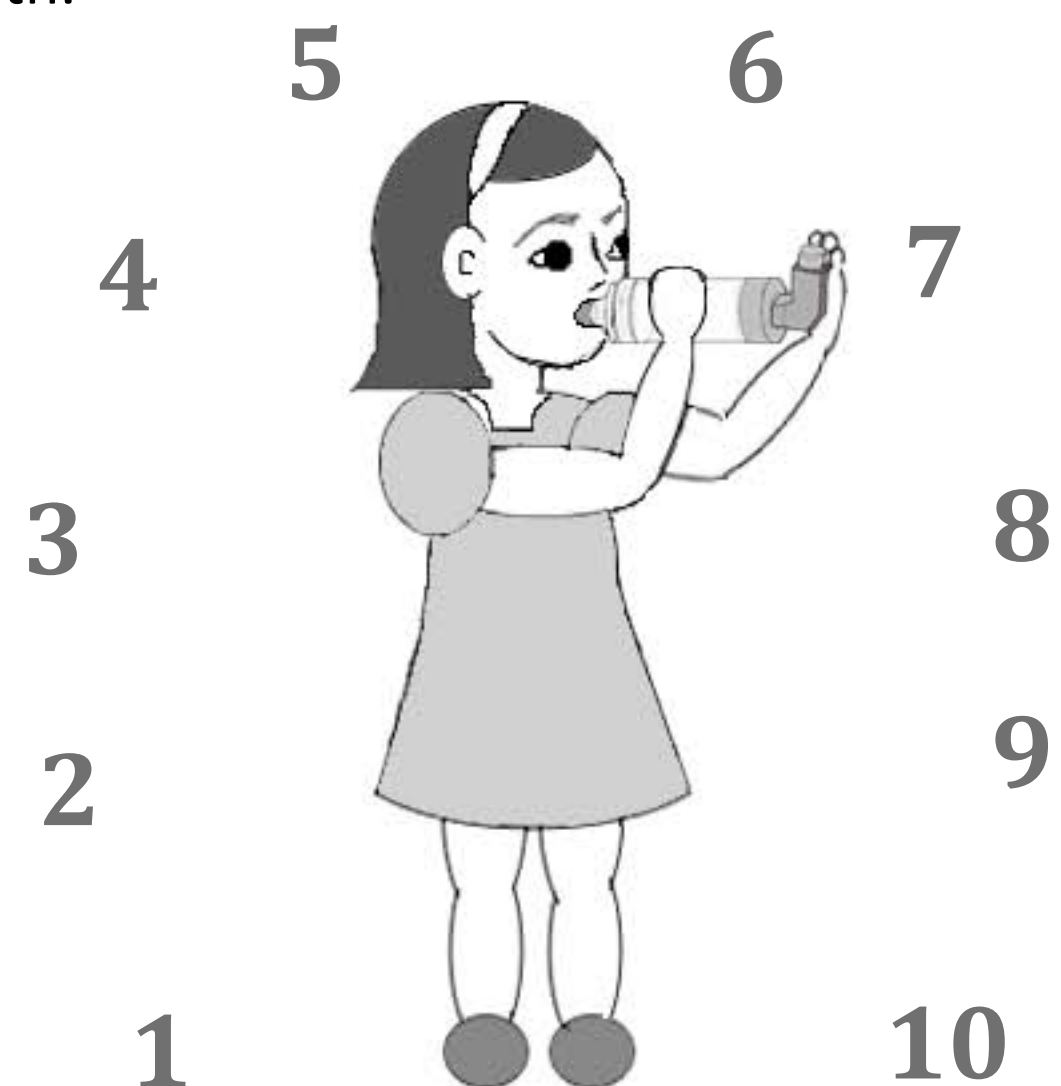
Step 4. Practice breathing slowly and deeply through the mouth.



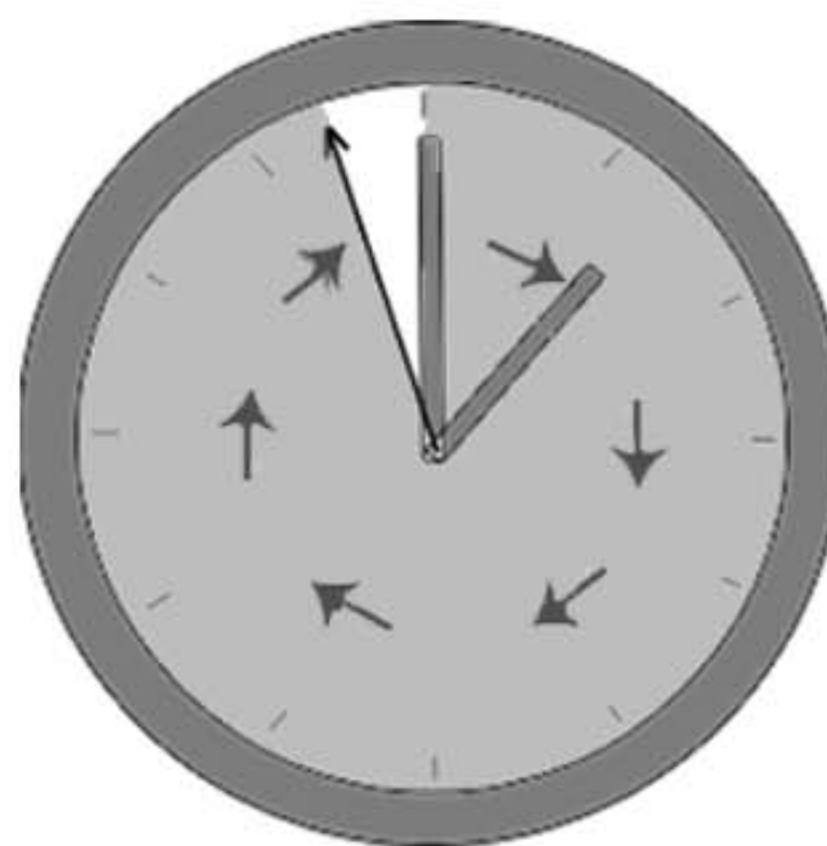
Step 5. Wrap your lips around the mouthpiece of the spacer so that no air leaks out.



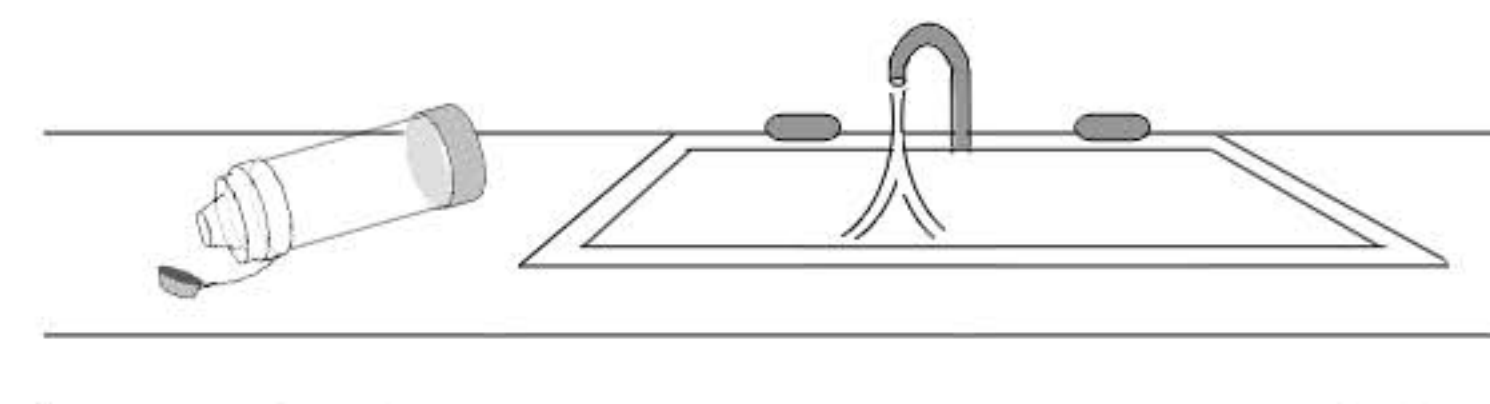
Step 6. Push the inhaler down once. This will release one puff of medicine into the spacer.



Step 7. Breathe in and out slowly and deeply as you slowly count to 10. Now relax and breathe normally.



Step 8. How many puffs did your doctor say to take? Wait 1 minute between each puff. Follow steps 5-8 for every puff.



Step 9. Rinse your mouth out with water. Clean the spacer once a week with soap and warm water and then let them air dry. Replace caps on inhaler and spacer.