

The Planned Asthma Visit



- __ Affirm the diagnosis of asthma/ concept of a chronic disease**
- __ Classify “severity” and “control” (2007 NAEPP Criteria)**
 - __ Assess impairment (past 2-4 weeks)**
 - __ Assess risk (past 6-12 months)**
 - __ Spirometry & validated questionnaires**
- __ Address “inflammation” vs “bronchoconstriction”**
- __ Differentiate “controller” vs “rescue medication”**
- __ Identify triggers and provide specific guidance for avoidance**
- __ Jointly develop treatment goals & promote self-management**
- __ Teach spacer device technique; other delivery devices**
- __ Write an Asthma Action Plan and review:**
 - __ daily management & how to recognize early s/s of worsening**
 - __ step-up “Yellow Zone” plan for home management**
 - __ when and where to seek medical attention**
- __ Reassess control in 2-6 weeks, adjust Rx, & modify Action Plan**
- __ Complete school forms for the use of Albuterol & spacer for school**
- __ Administer the annual influenza vaccine, regardless of severity**

EPR-3, p121-139