

Name _____ Medication _____

METERED DOSE INHALER RECORD

Look on the label of your inhaler to see how many puffs are in the canister.

Cross out one number for every puff given.

Refill inhaler when 10 puffs are left.

200	199	198	197	196	195	194	193	192	191
190	189	188	187	186	185	184	183	182	181
180	179	178	177	176	175	174	173	172	171
170	169	168	167	166	165	164	163	162	161
160	159	158	157	156	155	154	153	152	151
150	149	148	147	146	145	144	143	142	141
140	139	138	137	136	135	134	133	132	131
130	129	128	127	126	125	124	123	122	121
120	119	118	117	116	115	114	113	112	111
110	109	108	107	106	105	104	103	102	101
100	99	98	97	96	95	94	93	92	91
90	89	88	87	86	85	84	83	82	81
80	79	78	77	76	75	74	73	72	71
70	69	68	67	66	65	64	63	62	61
60	59	58	57	56	55	54	53	52	51
50	49	48	47	46	45	44	43	42	41
40	39	38	37	36	35	34	33	32	31
30	29	28	27	26	25	24	23	22	21
20	19	18	17	16	15	14	13	12	11
10	9	8	7	6	5	4	3	2	1
0									

Throw away the inhaler at this point. You may still hear something when you shake the inhaler. This is only propellant. It contains no active medicine!