# We're in this **TOGETHER.**

## Do you have asthma? Feeling a little lost and need support? You are not alone!

Did you know nearly 26 million people in the United States have asthma?

The Asthma and Allergy Foundation of America (AAFA) can help you breathe easier. It's our mission to save lives.

You don't have to live with asthma alone. Connect with a community of people who can help!

### Where Can I Find Support?

#### Join AAFA's Online Community

By joining the AAFA Online Community for Asthma and Allergic Diseases, you will get the latest information about programs and treatments that will help improve your health. aafa.org/join



#### **Other Ways to Get Support**

Contact AAFA: Connect with our information specialists to get prompt answers to questions. aafa.org/contact or 1-800-727-8462

Ask the Allergist: Do you have a question that an allergist can answer for you? You can search our knowledge base or submit your question to our free Ask the Allergist service. aafa.org/asktheallergist

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