



# Asthma 1-2-3™ Facilitator Training

## Trainings scheduled for the coming year:

Oak Park – November 11, 2009

Grand Rapids – December 3, 2009

Oak Park – March 10, 2010

Lansing – April 28, 2010

## Why Asthma?

Asthma continues to be the leading cause of school absenteeism among all chronic diseases. You can make a difference in your school by becoming an Asthma 1-2-3 Facilitator.

## What is Asthma 1-2-3?

This school in-service was designed by the American Lung Association of the Midland States to inform school personnel about the prevalence and severity of asthma, while teaching basic management techniques, including what to do in an asthma emergency. This asthma awareness presentation can be offered during a one hour in-service to school staff. The overall goal of the program is to improve the lives of children with asthma.

## Who is Eligible to Attend this Training?

Facilitator Training and Certification is available to all health educators, nurses, respiratory therapists or other health care professionals with advanced training in asthma education who are willing to work with schools and the community to conduct Asthma 1-2-3 in-service presentations. As with all American Lung Association programs, facilitators must be non-smokers.

## How to Register?

For More Information Contact Patty Inman at (810) 953-3951 or [pinman@alam.org](mailto:pinman@alam.org).  
Registration is also available online at [www.MidlandLung.org/Health-Professional](http://www.MidlandLung.org/Health-Professional)

*This training opportunity is provided free of charge due to generous funding from our partners and supporters.*

